



VOICE [樟之聲] [宜聲]



OF CHANGI MONTHLY BULLETIN
FOR MEMBERS ONLY

September 2010

REF:09/2010

September 1st

We had 14 members and 1 guest, IPP Dr Yap Lip Kee. Dr Yap Lip Kee, member of the District Disaster Relief Committee, and IPP of the Rotary Club of Singapore (one of the oldest and largest Rotary clubs in Singapore), visited our club to talk to us about his work fundraising for nearby disasters. He shared with us his club's recent work to raise money in aid of Pakistan's flood victims, and how their Lifesaver project was born.

After feeling that the Committee wanted to do more than just collect money, he spent some time in Pakistan and realised that the victims gain very little from money raised. During discussions with the Singapore Red Cross (who have a very efficient distribution chain around the world), and based on the fact that disaster victims are most in need of water, food, shelter and clothing, he started investigating a portable water filtration system which is currently being tested.

This portable water filtration system will be part of the new Lifesaver project - a kit containing the water filter, clean clothes and food packs - where members of the public can SMS their pledge (each Lifesaver kit costs \$50). The idea is for all kits purchased to be stockpiled and then distributed to Pakistan or other disaster areas in the district.



After IPP Yap's presentation, the Rotary Club of Changi presented him with a cheque for \$4000 towards his fundraising effort, which he gratefully accepted on behalf of the District Disaster Relief Committee.

I, personally, feel that the Lifesaver project is certainly worth investing in, and would be an ideal project for young children to get involved in, as \$50 is a small-enough amount for children to comprehend, and follows the same concept as **Shelterbox** but on a more local and understandable scale.

September 8th

We had 14 members and 2 guests, one of whom was our speaker Mr. Dennis Lim and the other was a former member of Changi Rotary Club PP Rolv. PP Rolv has returned from Houston USA and taken up a position with a Norwegian shipping company specialising in LPG shipping back here in Singapore.

Our President Koo Mong Ing reminded us of the board meeting on 18th September at Serangoon Yum Cha followed by a fellowship dinner. We also had a report on the RI District assembly in Bangkok. It is pleasing that even at this early stage we have 12 members attending.

Our guest speaker, Mr. Dennis Lim spoke to us about the Bishan Home for the Intellectually Disabled where he originally worked as a volunteer for one year after his retirement but has now been there for five years reorganising the way the systems work. The home was started with the desire to good but then really needed to be reorganised into how they can improve the resident's lives.



Mr Dennis Lim speaks to Changi Rotary

Overall the home tries to create a life of Joy. There are 130 residents (capacity is 132) with an average age of 44. One of the interesting statistics given to us by Dennis was that most intellectually disabled people's bodies are much older than their chronological age so dementia is going to be a major problem in the future. There are 35 severely handicapped, 30 mildly handicapped and 66 moderately handicapped residents whose lives need to be enriched, enabled and encouraged and where possible given meaningful employment.

As is usual with any of these residences they are chronically short of money and need donations to exist. Mr. Dennis Lim is looking for volunteers, doctors,

dentists and general help as well as money for new hospital beds. Most of their furniture is recycled from other businesses.



President Koh Wee Son watches as PHF Chin Cheong presents a small gift to M.r Dennis Lee.

During the evening we were notified of a Rotary Vocational visit
Our Fellow Rotarian Koh Wee Son, cordially invites all R C Changi members to a VOCATIONAL VISIT to his Factory.

The Date of the Visit is on Wednesday 29th Sept 2010 from 10:00 AM to !2 Noon. This visit is exclusively for R C Changi Members only. Do not bring any guests.

This will be followed by a R C Changi Club Lunch Meeting to be held at 12.30 (Venue to be Confirmed by PP Jack Tan Why Kwang). For golfers, this may be followed by a golf game.

Please therefore take note that there will be no meeting on Wednesday 29th Sept , 7.30 PM meeting. Secretary Ho Lik Khui, can you please circulate change of meeting time and place , to other Rotary Clubs.

Please confirm by 22nd Sept 2010. For details, please see this e-mail originating from Rotarian Koh Wee Son.

September 15th



Mr Alan Koh being presented with a token of appreciation by PP James Tow and Pres Koo Mong Ing after his talk "Towards a disease-free body".

This was a very interesting talk on understanding the energy forces, deficient building blocks, self-repair & immune processes of the human body.

Dates to be aware of

Birthdays

October 6th Marcus Lee's
October 14th Teo Cheng Kwee

Wedding Anniversaries

October 1st PP Ng Say Chuan and Brenda
October 26th PP Jack Tan and Serina
October 27th PP Thomas Tan and Kim
October 29th Woo Chi Jen PHF and Evelyn

RI District 3310 Conference in Bangkok

December 3rd-5th 2010

September 19th



Delicious food from Yum Cha at Serangoon that was served at the board dinner on the 19th September.



Following the Board of Directors Meeting on 18 Sep 2010 there was a fellowship dinner held at Yum Cha Gardens. This was attended by both Rotarians and their spouses. The dinner was hosted by President Koo Mong Ing. The food served by the restaurant was fantastic. We had a 8-course dinner. The delicacies include sliced abalone in Thai sauce, Pompret Tapino (their signature dish), salted egg prawns, stir fried fresh scallop and asparagus, specialty chicken with wine sauce in hot stone, home made bean curd with vegetables, braised Ee Fu noodles and red bean paste with lotus seed.

They say a picture paints a thousand words and I leave it to your imagination to fantasize the sumptuous we indulged in. Furthermore we were allocated their VIP room. It was a good start to the new Rotary year.

Lik Khui



PP John SY Tan speaking on avoidable blindness



PP John SY Tan being presented with a token of appreciation by DP Jack Tan Hian Yong and watched by Pres Koo Mong Ing after his talk on "Avoidable blindness" on September 22nd.

There is unfortunately no write up of what was a very interesting and informative talk

STOP THE PRESS

Wein Faith Lee was born on 10.10.10
Marcus and Karina are the delighted parents

Our Fellow Rotarian Koh Wee Son, cordially invited all R C Changi members to a VOCATIONAL VISIT to his Factory from 10:00am to 12noon to be followed by lunch and golf. This was in place of the regular Wednesday night meeting.



In the boardroom during Changi rotary Vocational visit to Koh Wee Son's factory

AND NOW THE WEEKLY FIX OF REALLY, REALLY USEFUL INFORMATION

- Rock lobsters are not only red in colour – They can come in blue, greenish-brown, yellow, grey and orange. But whatever their original hue, they'll always turn red when cooked
- There are 28 km of corridors through the US's Pentagon, but it only takes seven minutes to walk between any two points in the building
- Contrary to popular belief, rats do not like cheese – in fact, they are lactose intolerant
- To be a NASA astronaut, the minimum requirement is a Bachelor's degree in engineering, maths or science, and 1,000 hours of experience in jet aircraft
- There are over 40,000 different types of rice, but only 10 per cent are sold
- None of the Seven Deadly Sins is actually mentioned in the Bible
- The longest tennis match ever was between Nicholas Mahut and John Isner at this year's Wimbledon, taking just over 11 hours
- Street-food vendors in the Philippines and surrounding countries have a peculiar best-seller called "balut". It's a fertilized duck egg with a near-term duckling inside, boiled like an ordinary egg and eaten in the shell
- A Californian angler, Steve Wozniak, is the first person in the world to hook 1,000 different species of fish. He's spent 10 years in 63 countries pursuing his quest
- New Zealand is hit with 15,000 earth tremors a year
- Parrots have the same mental abilities as a child of five
- Lexicographers working on the new *Oxford English Dictionary* have been chipping away at it for 21 years and are still only up to the letter "R"
- The average person now spends 150 minutes a day on the internet, 114 minutes watching television and 79 listening to the radio

