



# VOICE

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**OF CHANGI** MONTHLY BULLETIN  
FOR MEMBERS ONLY

## September 2009

REF:09/2009

### WORKPLACE SAFETY AND HEALTH CULTURE

*Rtn Sue Bastone*

Our meeting on 2<sup>nd</sup> September had an excellent attendance with 23 members, plus 3 visitors which included our guest speaker Mr Wong Fong Loy. Mr Wong is a Senior Manager with the Workplace Safety and Health Council (WSH Council). He has been tasked with the mission to lead industry efforts in strengthening capabilities and building a progressive workplace safety and health culture.

Mr Wong Fong Loy was introduced by PP Dennis (who has a passion for safety in the workplace) and he went on to tell us that the WSH was established on the 1<sup>st</sup> April 2008 to raise the workplace safety and health standards in Singapore. This was in response to the poor work place safety record in Singapore where in 2004 there were 4.9 deaths per 100,000 workers. By 2008 this had been reduced to 2.8 per 100,000 and the Government's target is to reduce this further to 1.8 per 100,000 by 2018.



**Mr Wong Fong Loy**

The Council comprises of 16 leaders from the major industry sectors, the Government, unions and professionals from the legal, insurance and academic fields. The Act that was passed by Parliament covers the industries with the highest risks, factories, construction, shipyards, airports, the docks etc. As half of Singapore's workforce is employed by small and medium enterprises that have less resources and manpower, the WSH council has introduced bizSAFE. The bizSAFE programme promotes workplace safety and health through the recognition of the respective members' safety and health efforts. There are five different levels to achieve and the members are graded accordingly. Achieving good grades inevitably reflects on the quality of a member. The bizSAFE community (of over 1,800 members) comprises of bizSAFE enterprises, partners and mentors. bizSAFE has different categories which are able to be used in advertising, with 3,500 only having the top rating of the star.



**The 5 Levels of bizSAFE**

The talk was extremely interesting with many questions at the end.

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### THE COLLABORATION BETWEEN NGOs AND BUSINESS FOR FUTURE BENEFITS

*Rtn Sue Bastone*

For our meeting on 9<sup>th</sup> September there was another good attendance with 18 members and 4 visitors. Amongst the visitors was a Rotarian from Bangalore, India, Rtn Sachin Gururaj who was on a business trip to Singapore.



**Visiting Rotarian Sachin introduced himself and his Rotary Club of Bangalore**

Our guest speaker Ms Nora Zukauskaitė who was on **The collaboration between NGOs and business for future benefits**. Nora had worked in the NGO sector in Lithuania firstly as a representative of the youth and student community, then with the UN and the European Community. She explained to us that NGOs are created by natural or legal persons with no representation or participation in Government. They are generally staffed by volunteers who have a desire to help in varied fields.



**Nora Zukauskaitė**

**NGOs fall into three stages:-**

The first stage of NGOs was the Red Cross in 1839  
The second stage was the United Nations  
And the third stage was globalisation...humanitarian issues (such as whaling, environment 3<sup>rd</sup> world health and poverty etc)

A large percentage of all European citizens volunteer with the numbers ranging between 30-36% in various types of service based either in the community, citywide, national or International.

Although Governments are not involved in the running of NGOs they support NGOs via Advisory councils, public service contracts or even just by providing meeting places.

Private businesses also support NGOs for a variety of reasons and in a variety of ways. Benefits to the companies are many but include " Brand Image and reputation," feeling that Customers are drawn to these companies, that it is easier to attract new employees with similar beliefs and that there is greater motivation for company employees who stay longer with the firm. Business can encourage others to support NGOs in a variety of ways such as flyers with invoices, ads on the email messages, by giving scholarships and entrepreneur awards. Often it is disasters such as the Tsunami or an earthquake that first involves companies in donating to NGOs but participation often becomes ongoing.



**President Patrick Lim presents a gift to the speaker Nora after her presentation.**

The question and answer session was interesting with many Rotary members feeling that in reality very few businesses are truly altruistic in their giving.



**The talk was followed by a sumptuous Chinese dinner**  
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## NEW TECHNOLOGIES IN GREEN ENERGY

*Rtn Conrad Chew*

It was an interesting evening that 3 Rotary Clubs came together for a joint event of friendship and fun learning. Visiting Rotarians from Rotary Club of Victoria and Rotary Club of Civic District, hosted by

Rotarians from the Rotary Club of Changi, together with the presence of our AG M M Patel from RC Marina City and his lovely spouse Lily, set the stage for a lovely evening. Also present was our past AG (RY '08-'09) Matthew Yong who was there to present to our IPP Jack Tan a Certificate from Rotary International – **2008-09 MEMBERSHIP GOALS & RECOGNITION AWARD**. This certificate, signed by RI's IPP Dong Kurn Lee, is for having **"ACHIEVED A MINIMUM OF 10% NET INCREASE IN MEMBERSHIP."** Past AG Matthew commented that during the previous Rotary Year, our Club had in fact achieved 20% net increase in our membership.



**Imm Past AG Matthew Yong presenting the '2008-09 Membership Goals & Recognition Award' to IPP Jack Tan for the achievement of his Rotary Year**

Richard Cheung, the incumbent President of Rotary Club of Victoria in Singapore shared with fellow Rotarians an interesting topic on the New Technologies in Green Energy. Richard wears many hats; he has over twenty years of management experience in the Automotive Engineering Industries and is the Executive Director of Negara Technology Pte Ltd. He is also an Aikido instructor with MINDEF.



Richard kick-started his sharing with a video on "The Green House effect" which highlight the fact that studies have shown more than 50% of carbon dioxide (CO2) pollution in the world are caused by cars & transportation.

**Pres Richard Cheung**

The usage of Photovoltaic Generation System was also explained with examples of useful applications like solar garden lamps, solar road markers etc. The advantages of LED lightings versus conventional fluorescent lightings were also shared and discussed.



**Pres Richard Cheung showed us examples of energy-saving light fittings.**

More videos clips followed where there are live examples of environmental friendly motor car inventions, for example, Japanese water powered car which takes 1 litre of water to run 80km, an "air" car powered by compressed air and an electric car that can accelerate faster than Porsche and Ferrari.



**The attentive audience at the Joint Meeting**

All in all, it was an evening of interesting "Green" thoughts and perhaps a good start to re-discover old technologies in Green Energy. If I may share my 2 cent's worth, it is to simply start using our "Green" fingers towards Green efforts in our own homes and neighbourhoods so that others will be green with envy!

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## HOW I ACHIEVED SUCCESS IN FINANCIAL PLANNING

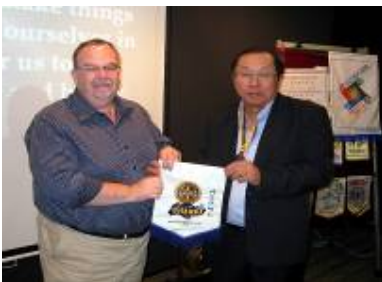
*Rtn Sue Bastone*

*Dr Grace Kong, Financial Services Director representing Prudential Assurance Company Singapore (Pte) Limited gave us a talk on 23 September 2009 on how she achieved success in her career and on some successful motivation techniques.*



**Dr Grace Kong**

Dr Grace Kong's talk attracted 29 people which included 8 visitors. The 2 visiting Rotarians amongst the guests were President Ivy Ho of RC Civic District, Singapore and Rtn John Walker from RC of Henley Bridge, District 1090, England.



**Visiting Rotarian John Walker receiving our Club bannerette from President Patrick Lim**

Grace started her working life as a primary teacher but wanted a job that would provide her with an income even when she wasn't working and to this end joined the Financial Service Industry in 1997



**Dr Grace Kong motivating the audience with her presentation**

She now has a team of 40 people and has been invited to many countries to talk on motivation. In her mind, happiness is very important for all her team members.

She has 10 golden rules for pursuing happiness

- 1) Know who you are and what you are doing
- 2) Know what you want out of life and what you want to continue
- 3) Take care of yourself
- 4) Chose to love others
- 5) Treasure the special people in your life
- 6) Choose to be happy
- 7) Your mind is a magnet - you attract what you think of
- 8) Self talk - we become what we think about
- 9) Think positive
- 10) Focus on what you want, not what you fear

Grace goes into businesses, and comprehensive and cost-effective recommendations are her mission for all. Some of the areas that she works in include; transferring the risk / minimising the risk; accumulation of wealth; directors' and officers' liabilities as well as business continuation and succession planning. Her motto is that at the end of the day we have to make things happen for ourselves in order for us to be successful and happy.

PP Thomas gave the vote of thanks and joked with Grace that he fully agreed with her regarding her tips for success of millionaires except for "working harder than most people" which he didn't like that at all.

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### FORTH-COMING ROTARY EVENTS

- ✓ **District 3310 Conference**  
13-15 November 2009  
Pulai Springs Resort, Johor Bahru
- ✓ **Our Club's AGM**  
2 December 2009
- ✓ **District Governor Datuk Hj Md Latip Sarrugi's visit**  
3 February 2010
- ✓ **2010 Rotary International Convention**  
Montreal, Quebec, Canada  
20-23 June 2010

## Events to Catch

- October 07<sup>th</sup>**  
(Wed) **Opportunities and Investments in Historical Shop Houses**  
by Mr Simon Monteiro of M/s Historical Land Pte Ltd
- 14<sup>th</sup>**  
(Wed) **Beyond Organic Growth: M&A, JVs & Strategic Alliances.**  
*A snapshot on Strategy Development and Opportunity / Deal Sourcing*  
by Ms Chan Wai Yee
- 21<sup>st</sup>**  
(Wed) **Information Technology**  
*A Classification Talk by our new member, Ms Kelly-Anne Frendo*
- 28<sup>th</sup>**  
(Wed) **Healthcare Services**  
by Mr Patrick Tay Teck Guan
- 31<sup>st</sup>**  
(Sat) **BOD Meeting & Dinner Fellowship**  
To be hosted by .....  
(More details later)

### October Birthdays

- 06<sup>th</sup> Marcus Lee  
14<sup>th</sup> Teo Cheng Kwee

### October Wedding Anniversaries

- 01<sup>st</sup> Ng Say Chuan & Brenda  
18<sup>th</sup> Dr Hideo Shoda & Akiko  
26<sup>th</sup> JackTan W K & Serina  
27<sup>th</sup> Thomas Tan & Kim  
29<sup>th</sup> Woo Chi Jen & Evelyn

## ANOTHER NEW MEMBER'S' PROFILE

***In a 'footnote' in our Bulletin last month, mention was made that "we are pleased to announce that Ms Kelly-Anne Frendo from the Rotary Club of Gibraltar who helped us set up our Club website officially on 6 May 2009, and who has been assisting us in it's updating has joined our Club as a member from 1 September 2009.***

**Kelly-Anne Frendo (Kelly)** was born on 26<sup>th</sup> January 1977 in Gibraltar. She had completed a three-year BSc Computer Science course at the University of East Anglia in the UK, graduating in 1998. Having returned to Gibraltar and working both in the private sector and as a computer programmer for the Government of Gibraltar for several, she started her own company Glide Technologies Limited specializing in website design, database development and software programming, and also a family with Darren (also from Gibraltar).

Kelly and Darren have two children (Louis and Sophie), now aged 7 and 5, who are attending Chatsworth International School at Orchard (IB PYP), where Kelly is currently working at the School Library managing the books, decorating the library, conducting story-telling sessions and updating the school website. Her free time is generally spent

working with computers, enjoying photography or working on craft activities.



**Kelly-Anne & Darren Frendo at the Club's Fellowship Dinner at Paulaner Brauhaus Restaurant on 30 Sept, which happens to be their Wedding Anniversary Day!**

Kelly's husband Darren works in I.T. for a Swiss Private Bank, and it was his job that brought the Frendo family to Singapore in January 2007. The family is very happy in Singapore and are enjoying their time here while trying to visit nearby countries (since they had not set foot in Asia before relocating to Singapore over two and half years ago).

Kelly joined the Rotary Club of Gibraltar in 2006

## FELLOWSHIP DINNER AT PAULANER BRAUHAUS RESTAURANT

Our Club's weekly meeting on 30th September 2009 was replaced by a fellowship dinner at the German Pub/Bar Restaurant, Paulaner Brauhaus which is situated at Millenia Walk, Suntec City vicinity. This pleasant outing was attended by 16 Changi members together with 4 spouses, including Darren Frendo.



We feasted on the great crispy grilled pork knuckles and grilled samplers for which this restaurant is renowned. There was also the on-site brewed beer which is unique to this joint.